# VIDEO SEMINARS

GriefShare video sessions are designed to help you successfully travel the journey from mourning to joy.

- 1. LIVING WITH GRIEF
- 2. THE JOURNEY OF GRIEF
- 3. THE EFFECTS OF GRIEF
- 4. WHEN YOUR SPOUSE DIES
- 5. YOUR FAMILY AND GRIEF
- 6. WHY?
- 7. THE UNIQUENESS OF GRIEF, PT. 1
- 8. THE UNIQUENESS OF GRIEF, PT. 2
- 9. GOD'S PRESCRIPTION FOR GRIEF
- 10. STUCK IN GRIEF
- 11. TOP 20 LESSONS OF GRIEF, PT. 1
- 12. TOP 20 LESSONS OF GRIEF, PT. 2
- 13. HEAVEN

## WHEN TO BEGIN

You are welcome to begin attending the GriefShare group at any session. Each is "self-contained," so you do not have to attend in sequence. You will find encouragement and help whenever you begin. You will be able to continue with GriefShare through the next cycle and view any of the videos you have not seen.

# REAL HELP FOR DEEP HURT

#### **COMMUNITY**

"The finality of death is hard to accept, and that's what a grief group is about... getting you to accept that reality...so that you can go on with your life."

"Helped me to understand that I wasn't alone and that others have been on my same path."

#### UNDERSTANDING

"The permission I needed to let grief happen."

"GriefShare workbooks and videos are very encouraging."

#### SUPPORT

"People loving each other in the midst of their hurting."

"We became like a little family."

#### **ENCOURAGEMENT**

"We have cried, laughed and grown."

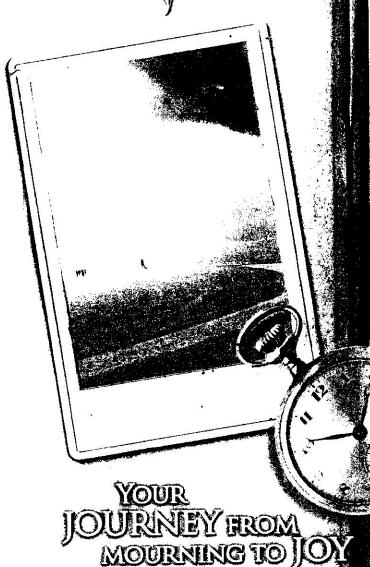
"Hope and joy was evident on her face."

#### www.griefshare.org

PO Box 1739 Wake Forest, NC 27588 800-395-5755 • International: 919-562-2112

# GRIEF RECOVERY SUPPORT GROUP

GRIEF SHARE



### **FACING TOMORROW**

t may be hard for you to feel optimistic  $oldsymbol{1}$  about the future right now. If you've lost a spouse, child, family member or friend, you've probably found that there are not many people who understand the deep hurt you feel.

That's the reason for GriefShare, a special seminar and support group for people grieving the loss of someone close. This group is sponsored by people who understand what you are experiencing and want to offer you comfort and encouragement during this difficult time.

Each GriefShare session includes a video seminar and group discussion. A GriefShare workbook assists you with note-taking, journaling and grief study. The videos feature top experts on grief recovery, dramatic reenactments about living with grief and real-life stories of people who have experienced losses like yours.

During the small group discussion time, you'll have the opportunity to interact with others who have experienced a recent loss, learn about their experiences and share your own.

GriefShare is a nondenominational group and features biblical teaching on grief and recovery topics. Please join us for the next GriefShare session,

#### TOP EXPERTISE

GriefShare videos feature interviews with leading authors, counselors, speakers and pastors with years of expertise in grief recovery. There are over 40 GriefShare experts, including:

Sabrina Black Dr. E. V. Hill Dee Brestin Barbara Johnson Dr. Bill Bright Dr. Erwin Lutzer Rev. Noel Castellanos Lois Rabey Dr. Tim Clinton Dr. Joseph Stowell Dr. Jim Conway Dr. Siang-Yang Tan Dr. Larry Crabb Dr. John Trent Joni Eareckson Tada Dr. Paul David Tripp Elisabeth Elliot Dr. Edward Welch Anne Graham Lotz H. Norman Wright Dr. Jack Hayford Zig Ziglar

Find a GriefShare group for a grieving friend or relative in another city: www.griefshare.org

GRIEFSHARE SCHEDULE

Chapel of Praise 2430 S. Business 765)472-4861 Fall session starts the first Tuesday in October

